

ISCA Friday Foodies' Dating Profile

Birth name: ISCA Food Truck night [I was originally

conceived as a one-day event]

Given name: ISCA Friday Foodies

Birthday: 08/30/2020

Place of birth: Roaming around the neighborhood

Mother: Bonnie on Dearborn

Current residence: At or around the activity center

parking lot

Likes: Patient and social neighbors, the sauce on Timber's Bentley pizza, and how friendly Chris is from Catalyst Hot Dogs

Dislikes: Trucks breaking down (poor Poke Dojo), running out of fried chicken (Astro Chicken &

Donuts), and Park Police banishing me from my favorite location

Do you drink? Yes! Astro Lab's The Harvest is a fave

Children? Plenty! They like to go on the playground as I prepare the food

Strengths: Gathering the neighborhood together safely during a pandemic, supporting local

small businesses

Weaknesses: I'm sometimes too popular!

Friends: Woodmoor Eats is a great friend, and I am starting to hang out with Sligo/Branview's neighborhood trucks and drops for those in SOFA

What are you seeking in a partner? While I have a big fan base here in ISCA, I am looking for more partners that are willing to reach out to food trucks and other vendors so I can continue to serve this amazing community!

Indian Spring Citizens Association - MEMBERSHIP APPLICATION / RENEWAL Dues are \$20 per household per year - Send Check to ISCA P.O. Box 3724, Silver Spring, MD 20918-3724			
Name:	[Date:	
Street Address:		, Silver Spring, MD 20901	
Phone:	Email:		

ISCA OFFICERS

President

Melanie Stickle Iscapres20901@gmail.com

Vice President

Michele Lunsford

Secretary

Tobi McFarland

Treasurer

Pam Wertz

Membership Chair

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Communications Chair

Andy Stager

Social Chair

Brandon Montgomery

Civic Chair

Abbe Spokane

Neighborhood Inclusion Taskforce Chair

Gwydion Suilebhan

Delegates

Phill Scott Jill Ortman-Fouse

NEWSLETTER TEAM

Editor: Michele Lunsford Circulation Manager: vacant Dear ISCA Neighbor,

If you are anything like me, you love our neighborhood and chose to live here for its proximity to D.C. and downtown Silver Spring, the wonderful schools, the plethora of parks, and the vibrant community of wonderful neighbors. My family and I are on our second home in Indian Spring and could not imagine living anywhere else!

I would like to thank all of the board members and volunteers who came together this past year. You ensured ISCA had a variety of virtual opportunities to see one another and socially distanced activities such as the food trucks, outdoor movie nights, neighborhood clean-up, and coordinating a neighborhood donation to Shepherd's Table each week. When we work together for the collective good, we not only show what a great neighborhood we are, but we create a closer-knit community.

Welcome to our newest volunteers and to our new officers: Michele Lunsford, Vice President and Tobi McFarland, Secretary. Many thanks to each and every one of you who have stepped up to serve the community, and a round of applause to our previous officers, Rob Levy and Micah McCutchan, for your service. I'm so grateful.

Our influence and impact in the community is only as strong as our membership. By our estimates, less than 40% of the neighborhood is a member of ISCA. Imagine how much more we could do with full participation! Whether you appreciate the weekly food trucks, the listserv, or connecting with neighbors at events and programs, your dues will be put to effective use.

<u>Please click here to join ISCA today</u>. We look forward to keeping you informed of our progress and initiatives, and as always, we welcome your feedback and suggestions. Please don't hesitate to get in touch!

Melanie Stickle ISCA Board President

ISCA's Graduates!

Congratulations to all of our wonderful graduates!

(Graduates are pictured in no specific order)

Luke Caron is graduating from Northwood High School. He will be heading west to attend UC Berkeley.

Emelia Rose Carroll is graduating from Towson University with an Elementary Education degree. Emelia will teach Kindergarten in Howard County Public Schools.

Nina Flanigan is graduating from Einstein High School. She will be heading to VA Tech as a Dairy Science major.



Aidan Flood is graduating

from UC Berkeley with a Bachelor's Degree in Data Science and Economics.

Owen Flood is graduating from Columbia University with a Master's Degree in Environmental Science and Policy.

Miles Grovic is graduating from Montgomery Blair High School. He will attend college in the fall.

Sophia Hovis is graduating from Northwood High School. She will be heading west to UC San Diego to study the Environmental System.

Peter Lally is graduating from Bethesda Chevy Chase High School. He will be attending University of Maryland's Smith School of Business.

Jackson Plank is graduating from Montgomery Blair High School. He will be heading to the University of Wisconsin-Madison to study Kinesiology.

West Remy is graduating from The Siena School. He will be attending Columbia College-Chicago.

Samuel Sauter is graduating from Northwood High School. He will be heading to Goucher College where he'll play lacrosse.

Billy Scott is graduating from Montgomery Blair High School and Montgomery College's Early College Program as a Business major. He will be attending the University of the Sciences program, majoring in Health Sciences.

Gemma Volz is graduating from University of St. Andrews, Scotland with a Psychology degree. She's working to become a clinical psychologist.

Peter Zaudtke is graduating from University of St. Andrews as an International Relations and German major.

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Annual Membership Meeting Recap

By Tobi McFarland, Incoming Secretary

The annual membership meeting for ISCA was packed with a number of topics, a few votes, and lively discussion. The meeting kicked off with Pam Wertz (Treasurer), discussing the financial report, including what the account balance is and what the Association funds are used for. Donations have been made from the membership and some from food truck vendors. Pam explained that fund expenditures have been used on community outreach and events such as the socially distant ice cream truck event.

Mary Schafer Quarm (Membership Chair) briefed the participants on the status of the ISCA membership. The December - January membership drive resulted in 242 new or renewing members. Mary also mentioned that if a household was interested in joining, but was not able to afford it, arrangements can be made to support that household. The ISCA goal is to increase the engagement of every household. If your household is hard hit but would like to become a member, arrangements can be made by contacting Mary.

Abbe Spokane (Civic Chair) briefed participants on the civic activities undertaken this year. Total Shepherd's Table donations this year were \$700, and the neighborhood made donations 54 out of 55 weeks of the last year. Thanks to Lisa Weiss Silverman for facilitating this great effort. Additionally, two members are gardening a plot at the YMCA garden to contribute fresh food as well.

The other civic activity was related to the expansion of the Beltway. The Beltway P3 project is still moving ahead. For updates on the Beltway expansion, you can check <u>CABE495.com</u> As a result of the ISCA survey regarding Beltway expansion, ISCA is now looking for opportunities to join in letters and submit comments as an organization about it. Please continue engaging with lawmakers and the Board of Public Works on this issue. Abbe encouraged participants to <u>check the MDOT map for details</u> about how the construction will proceed in our neighborhood. (See more updates on the Beltway expansion below!)

Brandon Montgomery (Social Chair) discussed activities from the previous year such as the trivia nights, wine tasting, and beer tastings. For the upcoming year, he discussed a mojito tasting, an online event with the Smithsonian. We are hoping to have an in-person event

to honor ISCA high school graduates in June, depending on Montgomery County regulations.

We are also hoping to have an Independence Day celebration on the 3rd as we have in past years, but better. May 29th we will have a wine tasting. May 27th is the mojito tasting. June 12 will be a beer tasting followed by a wine tasting on the 18th and the ISCA summer event. Once COVID restrictions are removed, we are looking to plan home tours, a neighborhood holiday lighting contest, a Turkey Trot around Thanksgiving, and a tree lighting event to rival Woodmoor's. :-)

Next, the Constitution and Bylaws proposed changes were discussed. This was very detailed and lengthy. For details on what was proposed, please refer to the email that was sent before the meeting. The vote to approve the proposed changes was 82% yes and 18% no. Next, the slate of new officers was presented, including Secretary Tobi McFarland, Treasurer Pam Wertz,

Upcoming ISCA Events

May 21 - Rosé All Day Wine Tasting

May 27 - Mojito Tasting

June 12 - Beer Tasting (hybrid event to be hosted by Zoom)

June 18 - Wine Tasting (hybrid event to be hosted by Zoom)

June (Date TBD) - Trivia Night

June (Date TBD) - Summer celebration for students

July 3 – Independence Day Celebration - in person at Rec Center and Lawndale. Parade, music, food, and more!

Stay tuned for an early August Home and Garden tour!

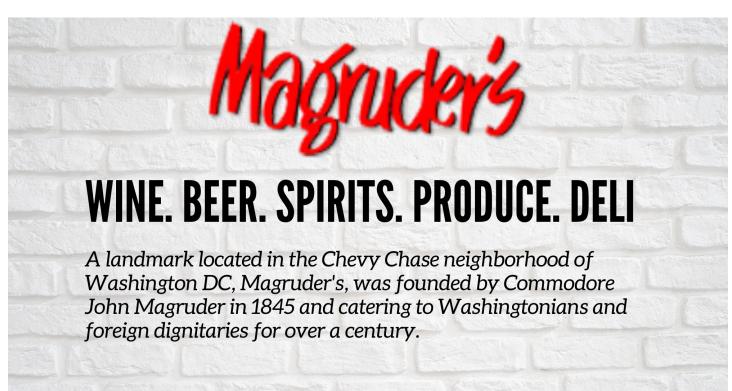
Follow the ISCA Facebook Group for more details!

Vice-President Michele Lunsford, President Melanie Stickle. The floor was opened to other nominees, none came forward. A vote was held and the slate passed with 97% in favor and 3% opposed.

Gwydion Suilebhan made a presentation about potentially changing the neighborhood name "Indian Spring" to remove the word "Indian." Gwydion did research on the issue and reached out to two people -

the Tribal Chair of the Piscataway, Natalie Proctor and the Hereditary Chief of the Pisctaway People, Chief Billy Redwing Tayac. The membership discussed whether a vote should be held to permit the board to move forward with polling members on this issue, but it was decided that a lengthier meeting would be created in the future to further discuss what this would entail and allow members to further voice their opinions and ask questions.

Finally, Montgomery County Council member and neighbor, Evan Glass discussed a variety of Council news. The Council voted to update the County health orders and tie it to the percentage of people in the county that are vaccinated. He also discussed Beltway expansion, zoning updates, the future traffic light at Hastings and Colesville, and the future of growth in Silver Spring and affordable housing.



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So what can you do now that you are vaccinated?

By Olivia Carter-Pokras, PhD, Professor Emeritus (Epidemiology) University of Maryland School of Public Health

First, congratulations on taking this important step in protecting yourself and your loved ones against COVID. You have joined over 93 million people in the United States, or 28% of the US population. In Maryland, 31% of the population has been vaccinated (almost 1.9 million).¹

Although we still need to keep wearing our masks, washing our hands, staying physically distancing etc. – those who are vaccinated have an important extra layer of protection. Think of the vaccine like wearing your seatbelt in the car. It doesn't 100% protect you against getting hurt or worse if you get in an accident but it really helps. You still need to maintain the speed limit, avoid distractions (like cell phones) and drive defensively when on the road.

Some fun things that you can do now that you have been vaccinated:

- Make a copy of your vaccination card, share it with your primary care provider, think
 before sharing it on social media, and don't panic if you lose it. We might need a booster
 shot eventually so it's best not to laminate the original to leave space to add more doses to the
 card.
- 2. **Help others schedule and get their vaccinations.** All Marylanders 16 and older can pre-register for vaccination at one of Maryland's mass vaccination sites. To achieve herd immunity, Faucci estimates that we will need 70-85% of the US population to be vaccinated. Wouldn't it be great if everyone who was vaccinated helped at least one other person to get vaccinated? You can help family, friends and neighbors by pre-registering them for a mass vaccination clinic, driving them to get their vaccine, and/or volunteering at a vaccination site.
- 3. **Share why you got vaccinated with others.** Only 13% of the US population does not plan to get vaccinated, but many are still postponing vaccination for various reasons. Dear Pandemic is an effort run by fellow epidemiologists that answers questions from the public about vaccination--you may find it helpful in answering questions from those who are on the fence (e.g., explanation why those who already had COVID should get vaccinated.
- 4. **Visit friends or family that you haven't seen in a while.** According to the CDC, you can be inside a home or private setting without a mask with other fully vaccinated people of any age and inside a home or private setting without a mask with one household of unvaccinated people who are not at risk for severe illness. Older adults and people with certain underlying conditions are considered to be at risk for severe illness.
- 5. **Attend college in the Fall.** COVID vaccination is now required of all faculty, staff and students throughout the University of Maryland system (12 campuses) with few exceptions. With this recent decision, Maryland has joined many other schools across the country in mandating COVID vaccination.
- 6. **Do some of the activities that you have postponed up to now.** Some of the activities that you may have postponed are now considered low risk for those who are vaccinated: getting a haircut, taking public transportation, hugging vaccinated friends or family members, eating outdoors at a restaurant, attending an outdoor sporting event, getting a manicure or pedicure, playing an

¹ As of 5/7/21, 45% of the U.S. population have had at least one dose, 33% with two doses, and in Montgomery County, at least 55% of the population have had at least one dose.

outdoor non-contact team sport, visiting elderly relatives who have also been vaccinated. <u>See examples of medium and high risk activities that you can do after you are vaccinated</u>. <u>An interesting discussion of historical examples of venue restrictions can be found here</u>.

- 7. **Schedule your doctor or dental visits.** The Society of Breast Imaging recommends that you schedule your screening mammograms (regular yearly mammograms for patients without symptoms) before your first dose of a COVID-19 vaccination or four to six weeks after the second dose. Wait at least 14 days after your COVID-19 vaccine before getting any other vaccine, including a flu or shingles vaccine. Or if you have recently received any other vaccine first, wait at least 14 days before getting your COVID-19 vaccine.
- 8. **Travel domestically without a pre- or post-travel test.** Without being vaccinated, Maryland strongly recommends that a "Maryland resident who travels to a location other than Virginia or the District of Columbia with a COVID-19 test positivity rate over 10 percent should get tested and self-quarantine at home until they receive the result." CDC is still discouraging non-essential travel at this time. State requirements are rapidly changing, so do check in advance. Here are some examples:
 - a. Travel to Chicago without a COVID-19 test.
 - b. <u>Travel to the Island of Hawaii without a second COVID-19 test</u> (72 hours prior to departure still required). The governor of Hawaii has announced that they are working on developing a program to allow fully vaccinated travelers to skip pre-travel tests, but will likely not take place until this summer—so stay tuned.
 - c. Travel to Maine without a COVID-19 test.
 - d. Travel to New Jersey without a COVID-19 test.
 - e. <u>Travel to Vermont without a COVID test</u>. Unvaccinated still need to get tested within 3 days of arrival.
- 9. **Travel internationally without a pre-travel test depending on destination.** More and more countries are opening up to vaccinated tourists from the US. However, 80% of countries are now at Level 4 (Do not travel) by the US State Department. This could impact on your coverage for travel insurance, so, here are two to consider that have lower travel advisory ratings:
 - a. <u>Travel to Belize without a COVID-19 test</u>. Belize has a Level 2 travel advisory (Exercise increased caution) country from the US State Department. Consider Belize as an alternative to Costa Rica or Mexico.
 - b. <u>Plan a trip to Thailand</u>. Thailand is opening up to vaccinated tourists in a phased approach that started April 1. Thailand is another one of 15 countries that has a Level 2 travel advisory
- 10. **Travel internationally without quarantining after travel.** You still have to provide negative COVID-19 test results (taken 1-3 days in advance of your flight) or documentation of recovery from COVID-19 before you board your flight to the US.



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Beltway Expansion News

By Abbe Spokane, Civic Chair

Update as of 4/1/21

The best source of up-to-date news remains the <u>CABE website and newsletter</u>. <u>Maryland Matters</u> has also carefully covered news related to the project.

Two bills (HB 67 and HB 485) passed the MD House and moved on to the Senate. Significant last-minute amendments weakened the impact of both bills, though both still have important protections for taxpayer dollars and transparency. However, legislation so far has not been successful in preventing MDOT from (contrary to previous promises) proceeding with pre-development agreements, expected this April, before the Final Environmental Impact Study is accepted (in Fall). Once these agreements are made, the state is officially on the hook for many millions of dollars. Both bills are both now in the Senate (SB843 and SB361).

In a <u>recent interview</u>, Comptroller Peter Franchot seems to say he'll approve Phase 1 of the expansion plan when it comes to the Board of Public Works this spring. The BPW has three votes: Governor Hogan (of course voting for expansion), Treasurer Nancy Kopp (usually voting against expansion) and Franchot (seen as the swing vote). Franchot also implied that he sees Phases 2 and 3 as very separate parts of the project, to be considered separately. Many advocates have been trying to get Franchot to clarify his position on various parts of the project with little success. He's running for governor in 2022, so NOW is the time to write Comptroller Franchot and let him know how voters feel about this project.

ISCA Actions:

- <u>Signed letter</u> from Sierra Club supporting SB 843 (MDOT Promises Act).
- Submitted comments to MDOT on the Programmatic Agreement for the Managed Lanes Study on the environmental and cultural impacts of the P3 project, focused on protecting the natural and cultural assets of our neighborhood. (Thank you Ole Varmer, environmental expert!)
- Reminder that you can see the results of the ISCA Beltway expansion survey here.

Individual Action items:

- The General Assembly is scheduled to adjourn on April 12. Tell your Senators to support the MDOT P3 Promises Act (SB 843) and P3 Reform (SB 361) as introduced and make MDOT put its promises to the public first. <u>CABE website has links to find your representatives and write them</u>, and <u>MD Sierra Club also makes it easy to add your voice</u>.
- Call or write Comptroller Peter Franchot to tell him to reconsider his pending approval of Phase 1 of the project, and that you agree that Phase 2 and 3 should be abandoned. (410) 260-7801; fax: (410) 974-3808; e-mail: pfranchot@comp.state.md.us

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