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helian Spring News

FallFest • Oct. 20 (tentative; need volunteers!)



ISCA residents participated in the 30th year of "National Night Out" on August 6th.
See article, page 3.

The Same Fourth, Only Brand New!

By Arlene Montemarano

T HAS BEEN A DECADE OR MORE since the community of Indian Spring first began having an annual commemorative parade on or about the Fourth of July. All the "enhanced" parades have been great, some beyond great, (those would be the ones with music from our local treasure Ole Varmer, et al).

Photo by Toba Hausne

Each "Fourth" represented a lot of effort by a lot of people working feverishly and very creatively. The children who have attended provided the requisite over-the-top adorableness, even as they insist on growing older each year, and new babies appeared to add their own baby charms.

continued on page 6

Indian Spring Citizens Association

Membership Application and Renewal

Dues are \$15 per household ● Please Join or Renew Now ● Dues cover 12 months from receipt Send Check to ISCA ● P.O. Box 3724 ● Silver Spring, MD 20918-3724

Or drop off at 200 East Indian Spring Drive (c/o Phyllis Zusman, Membership Chair) or **use PayPal at iscaonline.com.**Name(s): ______ Phone: () ____ Date: / /

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If you are not sure of your membership status you can e-mail Phyllis, fzusman@erols.com or call, 301-587-9063, and she will give you the answer.

PRESIDENT'S MESSAGE

By Evan Glass

UMMER IS OVER. Sigh. Now is the time when we return to school, return to our offices and return to the grind that is daily life in Washington.

Sometimes we get so wrapped up in the minutia of daily life that we are unable to take a step back and reflect on what is important to us. I regularly see many of our ISCA neighbors at the YMCA—some of whom are able to find their zen during a quick yoga session—taking a small break from the day to nourish their mind and body. But there are other neighbors who have taken a whole new turn in life, becoming entrepreneurs and living their dreams.

Take Kesa Summers, who started her own business this summer when she opened Freehands Craft Studio. Freehands Craft Studio is a teaching and learning space where individuals young and old take classes to learn how to make quality handicrafts. With the instruction and guidance of inspired artisans and makers, participants can learn new skills and create meaningful one-of-a-kind pieces. Not only is Kesa embarking on this exciting journey, but she also is doing it in our own neighborhood—her studio is located in the Woodmoor Shopping Center. Check it out online and like it on Facebook.

If starting a new profession isn't an option right now, there are always opportunities to learn new skills and trades that can expand your horizons, even if only for recreational purposes. Montgomery College —which has the largest number of fall credit students of any Maryland community college and second only to University of Maryland University College in undergraduate enrollment in Maryland—offers a wide range of classes in its workforce development and continuing education program. Learn everything from informational technology systems to nursing to businesses development. And for those who are retired

or looking for new learning experiences, Montgomery College even offers classes in personal finance, foreign languages, and mixed abstract painting. Let Montgomery College broaden your horizons.

Many people think that resolutions should be made in January, the beginning of the calendar year. I don't



subscribe to that constrained logic. After recharging our batteries during the slow summer—which was more mild than any summer I've known in Metro Washington—now is the time to turn our thoughts into action. Take inspiration in what our neighbors are doing and be the future you envision for yourself.

We recently had a spirited conversation on the ISCA listserv (iscaonline@yahoogroups.com) about the roles and responsibilities of dog ownership. This conversation was sparked by some concerns expressed to me by Julio Orellana, executive director of the Silver Spring YMCA, who said that dog owners were becoming more negligent in picking up after their dogs on the YMCA fields.

While many dog owners express frustration at the lack of public space for them to let their four legged friends run free, there is no excuse for turning our community into a minefield.

As Liz Caron beautifully stated on the listserv: scoop it forward. If you see something on the field that was left behind by a negligent dog owner, pick it up and scoop it forward. It doesn't resolve the issue of responsible dog ownership, but it will make our community stronger. And cleaner.

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Cari joins us after a six year career developing a following of dedicated clients as a vital member of a real estate team. Cari has called Woodmoor home since 1999.

Beth, a Woodside resident, joins us after three years experience as administrator of a busy real estate team. Beth will head up bigger picture planning, special projects and Go Brent Team's charity work.



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National Night Out

By Joyce Stocker



Photo by Vanessa Krabacher

N AUGUST 6TH, Indian Spring residents gathered at the Rec Center on Lawndale to participate in "National Night Out." This nationwide initiative, now in its 30th year, is a way for neighbors to come together to stand against crime.

We were joined by our local Montgomery County and Park police who arrived in an impressive caravan of police cars. Attendees had the opportunity to talk with the officers individually about any questions of concern during their visit, and the kids in attendance had the chance to get a high five from the men and women in uniform while reinforcing the association between the police uniform and safety.

The officers stated that we live in a very safe neighborhood. The crime we experience most often is "theft from vehicles." They said that most often, this theft results from car doors that are not locked when valuables—including money, GPS units, cell phones, cameras and even purses—are mistakenly left inside the cars. This "crime of opportunity" has been going on as long as anyone can remember. Residents must be vigilant in locking car doors and taking valuables inside. Neighborhoods where cars are unlocked risk getting a reputation for "easy pickings."

Another vexing situation, affecting East Indian Spring residents, is mischief created by some students after dismissal from Eastern Middle School as they come down Moss Avenue. Theft of children's toys and bikes, kids sitting on resident's cars, group fights in the field and fire setting in the woods are just a few of the problems experienced by Moss Avenue and Longbranch Parkway residents. Park Police said they are very aware of these problems and will try to monitor the situation this school year.

Along with anti-crime literature, handouts included whistles and "finger flashlights," toy police cars, and balls for kids who answered safety questions correctly. We were happy to meet with a few newcomers to our community. The evening ended sweetly—with ice cream!

Organizers of the National Night Out were Joyce Stocker, Maura Suilebhan and Vanessa Krabacher. Bridget Stocker and Vanessa took photos. See Vanessa's photos in the newsletter; more online.

SAVE THE DATE!

September 30 General Meeting with the Police Department and Election of ISCA Officers

7:30 p.m. at the Indian Spring
Recreation Center

"National Night Out"



Photo by Vanessa Krabacher



Photo by Vanessa Krabacher



Photo by Vanessa Krabacher

CRIME REPORT

From Joyce Stocker

The following crimes have been reported to the Montgomery County Police Dept from the Indian Spring community from July 25 to August 25.

8/19 Burglary 200 Block, Brewster Ave

8/20 Theft 200 University Blvd E (maybe

on other side of the blvd.)

• 8/20 Theft from Vehicle 200 Block, Brewster Ave

8/23 Breaking and
 9700 Block, Fairway Ave

Entering

Please report all crimes, no matter how minor, to the police and to the listserv.

EDITOR'S NOTE: Joyce Stocker has indicated that she would be glad to facilitate the reporting of burned out street lights to PEPCO. Send an email to comit89@aol.com.

July 4th Celebration

continued from page 1



Photo by Toba Hausner

There have been features that differentiated all these "Fourth" celebrations: the years that we still had big trees on Lawndale, and could offer concert seating in the shade for Ole's Band to play that wonderful toe-tapping music nearly all day long; the years we had food on the "barbie," when the fire truck managed to be there for the little ones, and when we had clowns (the Waites girls) who face painted whomever would



Photo by Toba Hausner

sit for it; and the two wet years of the child-revered moon bounce/water slide! Nearly every year, we had the popcorn, the watermelon, and colored ice sticks. A few years ago we decided to sell home-made fresh-squeezed organic lemonade from a stand built by another neighbor, Don Hills, who sadly is no longer with us. Our local children excelled at selling the lemonade for hours at a time, till we ran out. That money went to a respected veteran's organization for the resettling of vets home from the wars. We have usually had sprinklers of every kind and always lots of games.

"It can't get better than this," you might say, but t'aint so. This year's event was better than all those previous events. Because this time the "Fourth" was not even going to happen, until ... weeks away, two neighborhood angels came to its rescue: Ali Breen and Amy Shawer. And what a superb job they did. The venue was changed from Lawndale Drive to the Rec Center, and suddenly we had shade again. And lots of space. Ali and Amy (we became the three A's), brought more games than ever. All the trees were sprouting big stars and sparkly things. But best of all, because this event is really always about our military heroes, we had a parade of a dozen or so motorcycles driving in formation along with the parade.

continued on next page

July 4th Celebration



Photo by Toba Hausner

They were ridden by veterans belonging to The Combat Veterans Motorcycle Association of Maryland. They came and wowed us all, but could not stay very long, as they came from quite a distance. After that came the highlight of all our recent "Fourths": The ISCA Talent Show. We had lots of talent again this year, and some of our performers really astonished everybody with their skill and presentation. But the Talent without the Music would have surely been missing something important. So this year we had Jeff O'Connor, musician and "raconteur exceptionale." Neighbors Randy Shay, Ole Varmer, and Gerry Waites volunteered to round it all out with their really gorgeous singing and playing.

If you missed it, you missed. Don't make that mistake next year!

See photos by Toba Hausner; more online. *

EDITOR'S NOTE: The newsletter is printed in black and white to save on costs. A color PDF is online at iscaonline.com. So if you want to see any photos, ads, etc. in color, I recommend going online. Additional photos from the ISCA events can be found in our online photo gallery.

EDITOR'S NOTE: As noted previously, we will be including interviews with noted members of our community. We would welcome suggestions for further persons to be interviewed; please send to thausner@gmail.com, 301-587-6943.

And we would love to have students to serve as reporters for student service credits.

ISCA Entrepreneurs at Home: Jennifer Chambers

(Editor's Note: This is part 9 of an occasional ISCA newsletter series focusing on individuals in the neighborhood who run businesses out of their homes. Previous installments (accessible on the ISCA website) featured Ann Horton, Deborah Levy, Kendra LaDuca, Iantha Carley, Monica Bridgewater, Christopher Lancette, Christina Taylor and Lynette Mattke. Send suggestions for future profiles to jgoldman@aasa.org.)



By Jay P. Goldman

TEACHER BY PROFESSION and a mother of two, Jennifer Chambers has connected her expertise in both areas through a side vocation

that she operates from her home.

Chambers leads children through outdoor exploration of the natural world through her business, Hiking Along, which she formed nine years ago. During the scenic hikes, which she organizes and leads throughout the Washington region, she teaches youngsters of all ages to appreciate nature and how human activity has a significant impact on the environment.

A resident of Indian Spring since 2000, Chambers averages 15-20 outdoors programs a year through Hiking Along, a part-time business. She brings unbridled passion to the work.

"I love to spend time adventuring outdoors with my children (ages 12 and 8)—hiking, biking, camping, canoeing, kayaking, rafting and spelunking," Chamber says. "I started hiking with my daughter when she was two months old."

The Rochester, N.Y., native earlier worked as

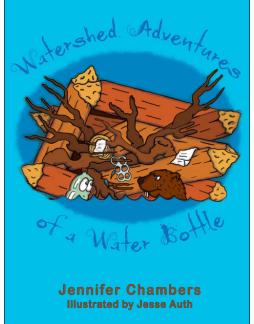
an environmental educator for seven years with the Audubon Naturalist Society and Northwood High School. Two years ago, she became a middle school sci-

> ence teacher at the Siena School in Silver Spring. She holds academic degrees from University of South Carolina, SUNY Buffalo and University of Maryland.

> Chambers credits her father and her students as inspirations for the business (www.hikingalong. com). "My dad instilled respect for nature, but I didn't gain love for it until I saw a light turn on in the eyes of my students who gained self-confidence when adventuring in nature," she says.

Chambers' impact soon will be spread further afield. Her reviews of family-friendly trails in the Washington area will be compiled in a book, The Best Hikes for Kids:

Washington DC, Maryland and Virginia. It will be published in summer 2014 by Mountaineer Books. **



WEB SITE: Iscaonline.com (includes services recommendations, and photo albums). We are also on Facebook under Indian Spring Citizens Association.

EMAIL GROUP (LISTSERV): To subscribe: iscaonline-subscribe@yahoogroups.com. To send messages: iscaonline@yahoogroups.com.

School Correspondents Sought

The ISCA newsletter would like to find correspondents from all of the area schools attended by neighborhood children to provide short monthly articles about major initiatives or upcoming programs of note to the public. The newsletter editor can provide assistance in preparing the articles for publication. We'd like parent correspondents from Highland View, New Hampshire Estates, Oak View, Silver Spring International MS, Eastern MS, Northwood HS and Montgomery Blair HS. Contact Tony Hausner if interested at thausner@gmail.com.

Jay Goldman

Northwood Roundup

By Jay P. Goldman

HERE'S A ROUNDUP of news from Northwood High School, which has drawn many students from the Indian Spring neighborhood since its reopening in September 2004.

New Leadership

Mildred Charley-Greene, who began her career in Montgomery County as a reading teacher at Takoma Park Middle School, begins the school year as the new principal at Northwood.

She served as principal of Takoma Park MS until her appointment, with previous stints as a gifted and talented coordinator, academy coordinator and literacy coach. She also was an administrator at Albert Einstein High School for four years.

Charley-Greene is the mother of two children: Gabby, 16, and Laila, 12. "As Gabby enters that all-important junior year of high school, I am reminded of the promise made to our families to ensure that students have the tools they need for our future," the new principal says. "I believe it is our collective responsibility to help students open as many doors to opportunity as possible."

She plans to host "Principal's Coffee" events and to hold meet-and-greet sessions at "Gladiator Bus Stops." Details may be found at www.montgomeryschoolsmd. org/schools/northwoodhs. You also can follow the principal on Twitter @NorthwoodPrin.

Art Studio Donations

Eden Reff-Presco, the ceramics/sculpture instructor in

Northwood's visual arts department, would like any magazines for student use in projects in 2013-14. He also collects small items like costume jewelry, rusty nails/ bolts, fabric swatches, and shells for sculptures, plus the plastic covers that drape dry cleaning goods, which, he says, are "the best type of plastic for wrapping clay work in progress."

If you have items to donate, please contact Monica Bond-Lamberty, who lives in Indian Spring and works at Northwood, at mbondlamberty@gmail.com.

Athletic Rivals

Northwood and Montgomery Blair high schools share a spirited rivalry in athletics owing to the overlapping geographic areas from which the schools draw their students.

The varsity football game between the two schools is taking place on Saturday, Sept. 21 at 2 p.m. with the Northwood Gladiators visiting Blair.

The boys varsity soccer match will kick off at 7 p.m. on Oct. 2 on the Northwood pitch, while the girls varsity soccer clash is set for 7 p.m. on Oct. 3 under the lights at Blair.

The schools' field hockey teams played their match in early September, and the schools do not face each other in boys tennis or cross country.

(Jay P. Goldman is a parent of a Northwood Class of 2009 graduate.)



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Hot Weather and Hot Vegetables with ISCA Garden Club's Hot Pepper Queen

By Vanessa Kraubacher





Photos of Vanessa & her gardens by Audrey Cowgill

OMATOES AND HOT PEPPERS loved the scorching heat on July 20th but the Garden Club retreated to air conditioning to discuss vegetables. We reviewed the three most critical items veggies need: direct sun for 6-8 hours, deep rich soil, and consistent watering.

On the topic of soil, I described how I dig a foot deep for new garden beds into our native clay soil (full of nutrients but heavy) and amend with composted leaf mold purchased from Montgomery county: http://www.collegeparkmd.gov/smartleaf.htm. Adding foot-tall raised borders gives my gardens two feet of enriched soil so roots can easily grow deep and wide for nutrition and water. I suggested a mid-summer organic fertilizing to further boost the soil.

We discussed how consistent watering is important for continuous production, as less water equals fewer and smaller veggies. This summer's early deluges fed robust growth, but as summer dried, supplemental water was require. I discussed how to shape soil to minimize erosion and how mulch conserves moisture as well as suppresses weeds.

Another topic included controlling plants with supports and cages. Often heavy vegetables can topple a plant, or a tangle of greenery hide harvest. I control

tomato vines by training them up long 4' welded wire fences hanging off 7' poles. This improves air circulation and gives access for picking, pruning, and watering. To fit more pepper plants into a garden bed, I use tall tomato cages (badly named as they can't contain tomato vines) around each, bending their horizontal branches up to catch upper rings. Along with light pruning, a habenaro that is normally 6'w x 3'h becomes 2.5'w x 6'h.

I reviewed plant families and the need to rotate crops so vegetables within the same families don't grow the same place every year. Rotation helps clear the soil of overwintering insects, viruses, bacteria, and other diseases. A lesson in successive plantings used basil as an example of how seeding every two weeks produces a consistent harvest of tender fresh leaves. A growing season can be extended by following early-growing coldweather plants (say, spinach) with hot-weather plants (such as Swiss chard.) Pests and diseases were touched upon, and a lively discussion followed with questions and answers.

Finally the Club trooped outside to hit the heat and see the six raised beds in person. In the backyard, one garden had a butternut and a cantaloupe, while wax and green beans lived in another (with dessicated Spring snow pea vines.) Another bed held zucchini plants

continued on next page

Hot Peppers

(sadly damaged by vine borer beetles) and just-sprouted yellow summer squash seedlings. Eight tomato plants stood loaded with green fruit in two rows in the final bed, with sweet peppers and Asian eggplants interspersed.

The front yard held this year's star: a new 16'x8' raised garden with 32 hot pepper plants of 15 varieties. While they were barely ripe at the time of the talk, now they are a riot of sizzling heat in brilliant reds, orange, burgundy, ocher, and chocolate brown. This bed best demonstrated my technique of shaping the soil into saucers around each plant to direct water to the roots, then mulching with newspaper, straw, and grass clippings to suppress weeds.

The final garden held my 'roots and greens' collection of carrots, beets, Swiss chard and kale, plus goneto-seed lettuce, spinach, parsley and cilantro. Cosmos happily mixed in between the edibles, and the Club members all agreed that the copious sun was a bit overwhelming for us but wonderful for the plants! **



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ANNOUNCEMENTS

(This section for announcements about new neighbors, births, deaths, weddings, graduations, etc. Send announcements to thausner@gmail.com.)

We welcome Emily & Nick Kriz of Seminole Street to our neighborhood.

Our Neighborhood's Newest Sheepskin Owners

Congratulations to the following ISCA residents, who are newly minted college graduates this spring. Most are also graduates of Northwood and Montgomery Blair high schools. (**Note**: If your daughter or son was overlooked here, send the name and college/university to thausner@gmail.com for inclusion in the next ISCA newsletter.)

Jake Agger, University of Texas

Rose Agger, University of Maryland

Seth Goldman, University of Maryland

Camille Huang, Indiana University

Lizzy Sauber, University of Maryland

Andy Scott, Greensboro College



Joseph E. Frew, D.D.S.

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FALLFEST VOLUNTEERS NEEDED!

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Beckham, our beloved beagle

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GARDEN CLUB MEETING CALENDAR

September 21, Shade Gardens, host Donald Franck, 104 Normandy Drive. RSVP to Donald, donald.franck@verizon.net.

October 26, Bee Keeping, host, Emily Prugar. Scott Kingsley, who works with local farmers to help with their produce, will do a power point presentation. RSVP to Emily, sparrowec@hotmail.com.

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