

National Night Out in Indian Spring

by Joyce Stocker

Once again, citizens from Indian Spring will participate in National Night Out. The event will be held on Tuesday, August 3 at the Indian Spring Recreational Center on Lawndale Drive around 6:45 pm.

This national campaign, which is now in its sixth year, has four main goals:

1. Heighten crime- and drug-prevention awareness
2. Generate support for, and participation in, local anti-crime efforts
3. Strengthen neighborhood spirit and policecommunity partnerships
4. Send a message to criminals letting them know that neighborhoods are organized and fighting back.

Last year's campaign involved citizens, law enforcement officials, civic groups, businesses, and neighborhood organizations. More than 10,000 communities participated from among all 50 states. In all, more than 34 million people observed this night. In our own community, police officers met with residents to describe a serious crime that had occurred and what the police were doing about it. They also reviewed facts about car thefts, thefts from cars, and home break-ins. Information on security systems and guard dogs was shared. Despite the seriousness of the topics, the night ended on a sweet note ISCA provided ice cream to all who attended.

Please come, meet your neighbors, provide a show of solidarity to your community, and let criminals know that we are united in our efforts to reduce crime in our neighborhood. © ©

ISCA Celebrates Independence Day a Week Early

by Celeste Raker-Dillen

Join the fun and celebrate the birth of our great nation at the annual Indian Spring parade and block party. Decorate your bikes, strollers, wagons, scooter, or maybe even your unicycle and join us at the Recreation Center at 10:00 am on SATURDAY, June 26. Parade starts at 10:15 and runs along Marshall Avenue, right on Flower Avenue, and right on Lawndale Avenue. The block party will be held on Lawndale, on the block between Granville Drive and Fairway, starting upon the completion of the parade and wrapping up around Noon. Anticipate summer treats such as watermelon, popcorn, plus popsicles and bring your spare change to savor some homemade limeade to raise funds for our veterans. Kids will also enjoy face painting and tattoos. This is a free fun event for young and old alike.

Returning to the celebration again this year is both 3 Drink Minimum or at least a small version of our neighborhood band and our very own version of "ISCA's Got Talent" featuring the talents of our neighborhood. This is THE CHANCE to let your neighbors see your inner artist. Jimmy Bingo will host an open mic session for those who want to share a song, do a dance, read some poetry, tell a joke or what ever strikes your fancy. Please email Jimmy at mcjimmybingo@gmail.com to sign up in advance, although preregistration is not required. continued on page 4

Independence<br>Day Parade and<br>Celebration<br>Saturday, June 26<br>National Night Out<br>Tuesday, August 3

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## PRESIDENT'S COLUMN

by Walter J. Gottlieb, June 2010
So here it is: my last column as President of ISCA. I've been doing this for three years now, so it's sort of surreal to think of not writing this column anymore.
But from now on this space will be filled with a fresh perspective and new energy, when Jill Ortman-Fouse takes over as President this summer. Jill is a known quantity around this neighborhood, and for good reasons. She is tireless, resourceful, full of energy and ideas - and a proven leader in the professional and community arenas. Plus, I hear she's a hell of a lady arm wrestler.

I thought I would use my last column to recall some of my favorite ISCA memories over the past three years. At one point I toyed with grouping them in a Letterman-esque, Top Ten manner. Now I've decided to simply let them flow, stream-of-consciousness style. My favorite ISCA memories, in no particular order, are:

- That rainy Fall Fest when the turnout was small but the feeling was there. We barbecued in the rain and the kids ran amok in the muddy field and soaked playground, oblivious to the wet weather.
- The Keep our Neighborhood Safe rally in late 2008, following a shooting incident in the neighborhood, when scores of Indian Spring neighbors marched with flashlights from the crime scene to the Rec Center to show support for the victim and solidarity against crime.
- The General Meetings with elected officials such as Ike Leggett, Valerie Ervin, and Jamie Raskin, who took the time to meet with our small but civically engaged neighborhood, and the inspiring dialogue between those elected leaders and ISCA members.
- This year's Taste of Indian Spring, featuring what seemed like a mile-long table of samples from local restaurants; great food and warm conversation with neighbors.
- The times that the listserv lit up with controversial topics, a reminder that democracy and free speech can sometimes be messy, even on a neighborhood level.
- Hot apple cider, coffee, hot chocolate and community spirit in the cold, night air of December at the annual Holiday event in the little park near the YMCA. But my all-time favorite memories of the past three years are the same ones I know I'll experience over and over: the smiling faces of neighbors on the street, the neighborhood cats patrolling their territories, the smell of honeysuckles on Fairway, the friendly greetings as I ride by on my bike with the kids in tow.

It's been quite a ride. Good luck, Jill! @s
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## ISCA Celebrates Independence Day a Week Early cont. from pg. 1 <br> by Celeste Raker-Dillen

As always, an ISCA event doesn't happen without the work of helping hands. Volunteers are needed to set up, serve watermelon and popsicles, and clean up. Set up starts around 9 am and clean up is immediately after. We also need help with the face paints and tattoos. Please email Celeste Raker Dillen at dillens1@aol.com saying "Yes, I can help!" and she will provide the details.

## Looking forward to seeing you there! ©s

> ANNOUNCEMENTS; (this section for announcements about new neighbors, births, deaths, weddings, graduations, etc. Send announcements to thausner@gmail.com)

Congratulations to the college graduates listed in an article elsewhere in this issue and all the high school graduates.

Abby Goldman is spending next year at a materials engineering lab at the Technion in Haifa, Israel (thanks to a Fulbright Scholarship). She has deferred the start date of her doctoral program.

## One of Our Best Ever: Taste of Indian Spring <br> by Allegra Tasaki

We all are proud of our ISCA community for different reasons. It's not just the park and surrounding green-space, or the close-knit dog group, or the YMCA where families group together; but that underlying community spirit that has been a part of this neighborhood since it was built. Reflected in events like the Spring Neighborhood Clean-up, June Yard Sale, Fourth of July Parade, Fall Fest, and Holiday House Tour; our Taste of Indian Spring is a perfect example of how sharing a meal can draw us closer together, even if only for a moment.

When you come to an ISCA Event, you never know what just might happen; conversely, just about everything does happen. Things that might seem like a catastrophe turn into something really great.

That's what happened to Kelly Wood, winner of this year's "Golden Goose-Chase" award for tracking down two restaurant-donated dishes in the pouring rain with two kids, in a mega-traffic jam. It's also happened to Dave and Arlene, who thought they might be spending a quiet, romantic evening together on their Anniversary. Instead, they picked up food from participating restaurants that they had solicited for donation. Although it was no cake-walk, they did get to enjoy a little dessert from ISCA by the end of the evening. While we had two restaurants unable to continued on page 5

## Indian Spring Citizens Arsaciation

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Or drop off at 200 East Indian Spring Drive (c/o Phyllis Zusman, Membership Chair) or use Paypal at iscaonline.com

Name(s): $\qquad$ Phone: ( $\qquad$ ) $\qquad$
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Email: $\qquad$
If you are not sure of your membership status you can e-mail Phyllis, fzusman@erols.com or call, 301-587-9063, and she will give you the answer.

## One of Our Best Ever: Taste of Indian Spring cont.from pg. 4 <br> by Allegra Tasaki

partake of the event, at the last minute, we had enough food to share with our neighbors at Shepherd's Table, who, like us, in tough times can use a bit of caring and sharing.

This is what life is truly all about. That's why those of us who worked on making this event happen continued to do so, even though it was a challenge to balance family, work, and other obligations to surmount. This year's organizing team was small in number, but highly successful in getting restaurants to participate, keeping communications open with our sponsors, pre-planning, and post-event organization. Many hands can make this event seem like an easy task, neighborhood participation is vital to making our future events (like the upcoming Fourth of July Parade and Fall Fest) enjoyable for all. Consider joining some of your friends and neighbors like those who spent their time and energy making this year's Taste a fun time for all, answer the call for volunteers (like this one!) and contact your ISCA Board to let them know what you can do to help.

With that, here is a list of those volunteers from this year's Taste that we'd love to thank once again for contributing their time, energy, talent, and even their equipment!

Allegra Tasaki, Arlene Montemarano, Walter Gottlieb, Tony Hausner, Randy Shay, Jimmy "Bingo" Hoskinson, Arlene Gottlieb, Catherine David, Kelly Wood, Chris Clark, Ann Morris, Elisa Diehl and Jim Patton, Joe Kowal, Jill Ortman-Fouse, Keith Snail, Greg Snail, Amy Shawer, Terese Lilly, Robin Hirschon, and Holly Rothrock.

We are also encouraging you to try (if you haven't already) the participating restaurants that were so very generous in providing our community a delicious variety of dishes.

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# A CONVERSATION WITH INCOMING ISCA PRESIDENT JILL ORTMAN-FOUSE Interview conducted by Walter Gottlieb 

Jill Ortman-Fouse officially takes over as ISCA president on July 1, 2010, replacing outgoing president Walter Gottlieb, who served for three years. Jill is a longtime ISCA resident and community advocate. She recently completed 2 years serving on the Montgomery County Public Schools Parent Advisory Council. Many in the neighborhood remember her service as PTA President for Highland View Elementary School ('06-'08). For many years, Jill worked as a television news reporter, producer, and host. She was a Program Specialist for the U.S. Catholic Bishops Conference in the area of environmental justice policy. She also worked in communications on Capitol Hill. We spoke to Jill about her becoming ISCA president, her feelings about the neighborhood, and her upcoming stint as a lady arm-wrestler!

Q: Why were you interested in becoming ISCA President?

A: Because I believe fundamentally that we all need to step up to the plate. We have a very active population, but sometimes I find we have a lot of "indians" in Indian Spring and not enough "chiefs." We need some more chiefs! I really care about this neighborhood. This neighborhood has been wonderful to live in for our family. It's an amazing neighborhood. I have tried to give back in the past and I want to continue ISCA's strong history of excellence- and you can't do that without leaders. When I learned that ISCA was having difficulty finding a new president, and knowing that Walter had already given 3 years, I felt a responsibility to step up.

Q: When did you move to Indian Spring?
A: We moved in on Thanksgiving Day, 1999, when my oldest daughter was 6 months old, and I've been grateful ever since.


Q: What do you love about Indian Spring?
A: I love the camaraderie, the closeness. There's a feeling of interdependence and commitment to the common good. The neighborhood is full of people who volunteer at their schools, places of worship, and in the community, and I find the people in this neighborhood to be extremely inspiring. We are not a neighborhood of isolationists. We are a neighborhood that feels comfortable coming together.

Q: What are some of your favorite ISCA events/ activities?

I've always loved the 4th of July parade - even though it's hot - the kids all decorating their bikes; everyone coming out in the summer to say hi to each other, listening to music. It's always a fun time. The Fall Festival is awesome, everyone contributing their favorite recipes, the games for the kids. It's an old-fashioned gathering that we don't have enough of today. We need to hold onto those traditions that bring everybody together.

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## A Conversation with Jill Ortman-Fouse cont from pg. 9 by Walter Gottlieb

Q: Do you think members are aware of how active ISCA is in civic affairs and is it important that we continue?

A: I don't know that people are aware of how active ISCA is in civic affairs, and I would like to raise awareness to some degree of the policy positions we take in the county and the different community groups we participate in, because we do play an important role. You can tell by all of the elected officials that came to the Taste of Indian Spring. Our political leaders know us, and they know we have a strong voice, and they respect us for that.

Q: What are some of the community/civic issues that you'd like to see ISCA continue to pursue?

A: Making sure that we have space for youth organizations to meet in downtown Silver Spring. It's a very noble goal to positively engage the young people in our area and make sure that there are opportunities for them to be creative and inspired
and develop their leadership potential. We also want to keep our education standards high, making sure all of the children in our area can achieve academic
success. I have written an article for this issue of the newsletter about the diversity in our schools and maintaining our educational standards in this end of the County.

Q: What else should people know about you?
A: I'm married and have two kids. Our family is active at Christ Congregational Church-the church in our neighborhood, and we belong to the Y. I am engaged in a lot of volunteer activity, to which some of my relatives say, "Oh, does that pay?" This month, I am participating in a ladies arm-wrestling competition sponsored by Holly Rothrock of ISCA to raise money for the House of Ruth, as part of a team of wonderful Indian Spring women. My arm wrestling nickname: The Jill-o-tine.

Q: Anything else?
I love my amazing neighbors and feel so lucky to call Indian Spring home. ©

## School News

By Jay Goldman

Painless Fundraising Continues Over Summer
Northwood High School hopes ISCA families who
shop at Snider's will save their receipts for the school's painless fund-raising program. Those who have collected two or more receipts can contact Carol Smalls (carols@sprintmail.com) for pickup. She also has provided a summary of how to contribute through eScrip to your favorite school: http://www.montgomeryschoolsmd.org/schools/ northwoodhs/News/0901.html

## First Day of School

The first day of school for those attending the Montgomery County Public Schools is Monday, August 30. Here is a link to the complete 2010-11 school year calendar:
http://www.montgomeryschoolsmd.org/schools/ northwoodhs/News/0901.html

## Newly Minted College Graduates

The following ISCA residents completed their undergraduate degrees this spring, congratulations to all:
Rose Agger, Wesleyan University (Conn.)
Sophie Esparza, St. Mary's College (Md.)
Abby Goldman, Mount Holyoke College (Mass.)
Tara Huang, University of Delaware
Jenn Silver, University of Delaware ©s

[^1]
# Indian Spring Neighbors Tri harder 

by Jill Ortman-Fouse
I never won a ribbon on the swim team, I never lettered in track-or came close to placing in any event, and cheerleading wasn't really considered a sport. I had only done one race as an adult-about 20 years ago. So getting into the sport of triathlons (and marathons) at age 45 was a pretty new endeavor.

Once I entered tri world, I found that there were a lot of men and women who, like me, had sort of a mid-life awakening. Get active or get heavy (er). I was also surprised to see people in their 60 s and 70 s at these races kicking butt. All of my joints still worked (thankfully), so I had no excuse to not push myself.

My exercise routine had started with neighborhood walks with friends, and then I wanted to have a goal to take it up a notch. I was inspired by neighborhood women like Jennifer Chambers and Allegra Tasaki, who had taken on the sport of triathlons and seemed to really enjoy it. So I signed up for a mini-tri (sprint) to give me something to train for.

For most of the time of my first race ( 250 meter swim, 7 mile bike, 2 mile run) I thought I was going to die. I had cramps in both sides, it was really hot, and I wondered what Jennifer and Allegra could possibly be thinking. But when I finished, I couldn't wait to sign up for another one. I found it to be a lot like child-birth-you're so happy at the end you forget the pain.

With training, the distances have gotten longerand much easier. It feels great to know I am in better shape in my mid-40s than when I was in high school or college. Triathloning requires a whole body work out, building both strength and endurance. And the cross-training keeps the workout from becoming boring.

A lot of neighbors have recently taken up this sport. A large group of us did a sprint-tri together last year and had a blast. It was a beautiful day, and it was wonderful to have everyone's spouses and kids there for support.


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In that spirit, at least 15 neighbors, as individuals or part of relay teams, have signed up for the inaugural Half Full Triathlon (www.halffulltri.org), October 3 in Ellicott City. This race will benefit the Ulman Cancer Fund for Young Adults and LiveSTRONG Young Adult Alliance-a very worthy cause.

This will be the first race of this distance ( .9 swim, 56 mile bike, 13.1 mile run) for most of the neighbors participating. The point is to challenge ourselves while having a great time and contributing to an important cause.

It has been really fun for me to learn about these sports. Seems all the advice has changed for running since the 70 s and 80 s, and there are always new training techniques to try. From a novice perspective, I have found these things to be very helpful:

1) Keep a $\log$ of your workouts. It will encourage you to see what you've done, and it is a good way to keep track of your training.
2) Yoga: helps with injury prevention (flexibility, balance, stretching), improves running and cycling form (strengthens core and creates awareness of posture), and builds endurance (you "play with your edge" holding positions). I enjoy Blue Heron Wellness (very convenient!), and you can also try www.yogatoday.com. continued on page 12

Hot and happy. Indian Spring neighbors after completing

## Indian Spring Tri-atheletes

cont. from pg. 11
by Jill Ortman-Fouse
3) The Galloway method (www.jeffgalloway.com), a run/walk ratio for training and racing. Taking walking breaks gives you recovery time and helps you go longer, helps prevent injuries - and can even improve your race time!
4) Have fun! Download podcasts onto your iPod for long runs. I download my favorite NPR programsthey're free!
5) There are great websites to get training tips like www.active.com. www.triitnow.com also has great advice and races for beginners. Jennifer Chambers has started a neighborhood listserve for us to share race and training info (momstri@yahoogroups.com). And neighborhood Ironman Tom Collins probably has some great tips as well!

I was very inspired by another neighbor who told me she came in last in the ocean swim segment of an Olympic distance triathlon. She said she was still thrilled because she never would have swum that distance that far out before, but having volunteers in kayaks and surfboards along the route made her feel safe. And she reached her goal, which was simply to finish.

John Bingham, who decided to stop being a couch potato and start moving at age 43 , came in last by over an hour in his first half ironman. He was still elated just to complete this challenge. His credo has become famous among beginning racers: "The miracle isn't that I finished. The miracle is that I had the courage to start." ©


Tina Slater 301-585-5038 slater.tina@gmail.com

Crime Report from Joyce Stocker

The following crimes were reported to the Montgomery County Police Department from the Indian Spring neighborhood in April + May 2010
(time listed is the time the police report was made, not the time the crime was committed)

Theft from vehicle (TFV) continues to be the most frequently occurring crime in our community. Three TFVs occurred at the
YMCA this past month. Maybe good if
someone speaks to the $Y$.

| 4/12/10 | 6:09 a.m. | TFV | YMCA |
| :---: | :---: | :---: | :---: |
| 4/13/10 | 12:18 p.m. | TFV | 9400 blk Caroline Av. |
| 4/13/10 | 4:11 a.m. | TFV | 200 blk Baden St. |
| 4/15/10 | 10:29 a.m. | TFV | 9600 blk Clearview Pl. |
| 4/21/10 | 6:45 p.m. | TFV | YMCA |
| 4/24/10 | 2:29 p.m. | TFV | 9600 Colesville Rd. |
| 5/11/10 | 5:50 p.m. | TFV | YMCA |
| 5/16/10 | 7:02 a.m | TFV | 9500 Caroline Ave. |

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> Editor's Note: Joyce Stocker has indicated that she would be glad to facilitate the reporting of burned out street lights to PEPCO. Send an email to comit89@aol.com

# Neighbors Pitch In to Help Immigrants Learn English <br> By Mary Anne Hess 

Indian Spring parents and kids have had a long relationship with Wayne Avenue's hilltop brick edifice, both in its first incarnation as Montgomery Blair High School and now as Silver Spring International Middle School.

There's another group of dedicated ISCA residents who make that well-worn building come alive three nights a week for a different purpose - to offer English as a Second Language classes to adults from all over the globe who are eager to help their children in school, get better jobs and fully participate in the life of the community.

Funded by a grant from the Montgomery Coalition of Adult English Literacy, the classes are run by the Silver Spring Team for Children and Families, Inc., a grassroots nonprofit that also operates the tech center at the Long Branch Community Center and an after-school program for at-risk middle schoolers in the Rosemary Hills neighborhood. (Full disclosure: I'm president of the SSTCF board and coordinate the ESL program.)

Nearly 200 adults from ages 18 to $60+$ registered during this academic year for the classes, which concentrate on practical, life-skills English from the beginning to advanced levels. We have five paid teachers at the lower levels but rely on volunteers to teach the intermediate and advanced classes. Several ISCA residents have generously given their time as teachers on a regular weekly basis. They are: Bob Tiller, Ann Bullock, Elizabeth Magin, Andy Freedman and Suresh Srinivasan ('08-'09). Vanessa Krebacher has volunteered as a teacher's assistant and often leads a conversation group that we run at Long Branch Community Center. Rob Weinzimer teaches a weekly class which we helped IMPACT Silver Spring organize at Nob Hill Apartments.

This year, through a partnership with Linkages to Learning, the wrap-around social service agency at SSIMS, we've been able to offer free childcare during our classes. Each night we have 15-25 children, from 2 to 11, onsite, playing games, finishing homework, doing arts and crafts, dancing, and building with blocks and Legos. We also have several eager sixth graders from SSIMS, with parents in our classes, who earn community service credit for helping our paid babysitter with the little ones. It's been an incredible boon to both our enrollment and attendance.

Thanks to the generosity of ISCA families, we have toys, books, games and crafts to keep the kids happy. Whole Foods also donated gift cards to help us provide healthy snacks each night. And, just last week we received a $\$ 2,000$ check from the Takoma Foundation to help pay our babysitters starting in the fall.

If you're interested in volunteering to teach a class, lead a drop-in conversation group, or substitute occasionally, please e-mail me at mahess@aol.com. ©

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Highland View

by Jill Ortman-Fouse

I recently heard Frankie Blackburn of IMPACT Silver Spring (www.impactsilverspring.org) speak about our area as being one of the most unique locations in the U.S. She commented that the extraordinary blend of different nationalities, religions, cultures and languages make Silver Spring a remarkable place to live. I agree.

The first year I was PTA president at our neighborhood elementary school, Highland View, we wanted to increase the participation of populations less well-represented in our PTA and school's activities - a goal that Amber Khan, our outgoing PTA president, embraced as well. We wanted families to know that everyone is welcome and a vital part of our school community. At our back-to-school ice cream social, we displayed a huge map of the world. We asked all attendees (students, relatives, teachers, etc.) to put a sticker on the place that they were born. It was amazing to see the dots scattered all over the continents! We also asked them to write greetings on
a big poster in their language of origin. We were all awed by the beauty of the poster at the end. We displayed the poster and the map in the lobby for several months as a reminder that this school was a second home to children from all over the world and we were excited about their being a part of our school family.

I believe sending our children to elementary school in Silver Spring was one of the greatest contributions we could make toward their future. Studies have shown that a child's $I Q$ is not the best predictor of their future success; resiliancy, risk-taking, and the ability to empathize with and get along with other people are better indicators. Along with getting an Montgomery County education - one of the best in the country - they are learning lessons about valuing and working as a team with the rich array of humanity.
The range of economic, cultural, and language differences in schools like ours do present challenges: children who are highly mobile - coming late in the school year and leaving early, others whose education has been interrupted by lack of access, those with special needs that have not been identified, children coming from homes with few resources and multiple challenges. Our staff must be well equipped when they come into our classrooms each day. And our
diverse schools require extra help to ensure all of these children can reach their full academic potential. I have served on our school's Instructional Improvement Team for the last six years. I know how hard our teachers work with these students to help them achieve success.

Every year we struggle to ensure the staffing we need to meet these demands. This year is worse than ever. I produced a short video, with assistance from other parents at our school, to put faces on the budget numbers and tell our story. Please take a look, remember our kids during the budget battles, and urge our local leadership to fully support our schools. Strong community schools (both public and private) make for better, more stable neighborhoods - a win for everyone.
http://www.youtube.com/watch?v=v6uJZsqFmZY

## Jill Ortman-Fouse <br> jof1@verizon.net

Jill Ortman-Fouse has just completed a two-year term serving on MCPS's Parent Advisory Council (PAC). The PAC offers workshops to parents and schools on how to advocate for your child's needs with school staff, and will be focusing on strategies to create more welcoming environments in our schools in the fall. For more information, go to:
http://www.montgomeryschoolsmd.org/departments/ familycommunity/parents/advisorycouncil.aspx
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## ISCA LAUNCHES FACEBOOK GROUP by Walter J. Gottlieb

We're excited to announce that ISCA has started its own Facebook group. Simply search Indian Spring Citizens Association on Facebook and you'll find it. Become a member now and get access to the latest news about ISCA events, posts by ISCA members, photos, and more. The Facebook group will complement our newsletter and our website iscaonline.com and enhance social networking among Indian Spring residents. Please join us!

## National Trails Day at Northwood High School <br> by Jennifer Chambers

Find your happy place at Northwood High School on National Trails Day! Celebrate the hard work by 272 volunteers giving 709 hours of service to restore 15 acres of land into new green space.

FREE family-friendly race. No registration required.
Run or hike the new "Northwood Chesapeake Bay Trail," part of Northwood Cross Country Team's 5k course.

Project ribbon-cutting celebration.
Environmental and health exhibitors. Kids activities.
Door prizes are being provided by event sponsors Pacers and Georgetown North Face.

Find Your Happy Place on the Northwood Chesapeake Bay Trail!

Course Map: http://www.mapmyrun .com/run/ united-states/ md/-silver- spring/995127306 493442700

American Hiking Society's National Trails Day
5K Bay Fun Run \& Hike
To celebrate the completion of the
Northwood Chesapeake Bay Trail
Saturday, June 5, 2010, from 10:00 a.m. to 12:00 p.m.
Northwood High School, Kaplan Stadium 919 University Blvd. West, Silver Spring, MD

Schedule
10:00-10:15 a.m. Runner/Hiker sign-in 10:15-10:35 a.m. Opening remarks and ribboncutting, including remarks from Congresswoman Donna Edwards and other distinguished guests
10:00 a.m. $-12: 00$ p.m. Exhibits and concessions 10:35-11:15 a.m. $\quad 5 \mathrm{k}$ adult and kids run 11:15 a.m. $-12: 00$ p.m. 1.5 mile Hike 12:00 p.m. Raffle and cake ©


Northwood Chesapeake Bay Trail
photo by Jennifer Chambers




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## Before you reach the beach... Check out our HOG listings!



203 Normandy Dr 3BR, 2FB, 1HB, \$535,000


9707 Fairway Ave 3BR, 2FB, 1HB, \$509,000
"Thank you so much for all you did to make this contract happen. It was such a pleasure working with you and we appreciate all your efforts and some sacrifices that you made.

We, of course, will always recommend you as a wonderful professional and it was a great pleasure to interact with you. Lisette joins me in thanking you from the heart. "

Warmest regards, Jerome


9411 Garwood St
4BR, 3BA, \$675,000


218 Normandy Dr
3BR, 1BA, \$458,000


9509 Garwood St 2BR, 1FB, \$339,000

What cam Rhomda's Team do for Yous

## ISCA JUNE GARDEN MEETING

When: Saturday, June 19, 3:30 p.m.

Where: 302 Dearborn Ave (South of Franklin and University)

Topic: LandscapingDesigning the big picture

Bring: Your favorite landscaping secrets and tools including any of the suggestions below:

- a neighbor or friend who is a talented designer;
- photos of gardens you admire;
- design books;
- landscape software;
- info about garden structures;
- favorite web sites;
- sketches of your yard;

In addition, please bring:

- snacks to share
- adult beverages if desired (soft drinks provided)

RSVP: Beth Anderson, 301-213-9533 or gergroup@aol.com

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All the comforts of home near the beach, shops, restaurants, movies, library, and bus. Weeks or mini weeks available $\$ 200 /$ night or $\$ 1300 /$ week (plus tax) holidays $\$ 300 /$ night or $\$ 1400 /$ week (plus tax). More pictures available.
Call: Peggy Kay at 301-585-6215 or
Email: peggykay1@comcast.net

## Downtown Sliver Spring Calendar of Events, June/July 2010

SUNDAY, JUNE 13
NAACP ACT-SO Showcase, 4:00-7:00 p.m.

WEDNESDAY, JUNE 16
Little Tots AM, 10:30 a.m.
Little Tots PM, 6:30 p.m.
SATURDAY, JUNE 19
Silver Spring Farmers Market, 9:00 a.m.

- 1:00 p.m.

SMATCH presents Mastro Giurato, 10:00
a.m. - 6:00 p.m.

SUNDAY, JUNE 20
SunFest (Summer Solstice Celebration), 1:00-5:00 p.m.

TUESDAY, JUNE 22
AFI SILVERDOCS Screening, 9:00 p.m.

THURSDAY, JUNE 25
Dance Fever Fundraiser, 6:30 p.m. UNTIL YOU STOP DANCING! Benefits the American Music Therapy Association

## FRIDAY, JUNE 25

Friday Local Live Kick-Off, 6:30-8:30
p.m.

SATURDAY, JUNE 26
Silver Spring Farmers Market, 9:00 a.m.

- 1:00 p.m.

Saturday Spotlight, 6:30-8:30 p.m.
SUNDAY, JUNE 27
Family Fun at the Fountain, 1:00-5:00
p.m.

WEDNESDAY, JUNE 30
Little Tots AM, 10:30 a.m.
Little Tots PM, 6:30 p.m.

WEDNESDAY, JUNE 23
Little Tots AM, 10:30 a.m.
Little Tots PM, 6:30 p.m.

## THURSDAY, JUNE 24

"Street Glam 2010" Model Casting Call, 4:00-9:00 p.m.

| Downtown SHiver Spring Calendar of Events, June/July 2010 |  |
| :---: | :---: |
| FRIDAY, JULY 2 | SATURDAY, JULY 17 |
| Friday Local Live, 6:30-8:30 p.m. | Silver Spring Farmers Market, 9:00 a.m. - 1:00 p.m. |
| SATURDAY, JULY 3 | Wildcat Steppers, 6:00-8:00 p.m. |
| Silver Spring Farmers Market, 9:00 a.m. - 1:00 p.m. | Saturday Spotlight, 6:30-8:30 p.m. |
| Saturday Spotlight, 6:30-8:30 p.m. | WEDNESDAY, JULY 21 |
|  | Little Tots AM, 10:30 a.m. |
| WEDNESDAY, JULY 7 | Little Tots PM, 6:30 p.m. |
| Little Tots AM, 10:30 a.m. |  |
| Little Tots PM, 6:30 p.m. | FRIDAY, JULY 23 |
|  | Friday Local Live, 6:30-8:30 p.m. |
| FRIDAY, JULY 9 ( 9 |  |
| Friday Local Live, 6:30-8:30 p.m. | SATURDAY, JULY 24 |
|  | Silver Spring Farmers Market, 9:00 a.m. |
| SATURDAY, JULY 10 | - 1:00 p.m. |
| Silver Spring Farmers Market, 9:00 a.m. - 1:00 p.m. | Saturday Spotlight, 6:30-8:30 p.m. |
| Wildcat Steppers, 6:00-8:00 p.m. | WEDNESDAY, JULY 28 |
| Saturday Spotlight, 6:30-8:30 p.m. | Little Tots AM, 10:30 a.m. |
|  | Little Tots PM, 6:30 p.m. |
| WEDNESDAY, JULY 14 |  |
| Little Tots AM, 10:30 a.m. | FRIDAY, JULY 30 |
| Little Tots PM, 6:30 p.m. | DB Cares Health Fair, 10:00 a.m. - 5:00 |
|  | p.m. |
| FRIDAY, JULY 16 <br> Friday Local Live, 6:30-8:30 p.m. | Friday Local Live, 6:30-8:30 p.m. |
|  | SATURDAY, JULY 31 |
|  | Silver Spring Farmers Market, 9:00 a.m. - 1:00 p.m. |
|  | Saturday Spotlight, 6:30-8:30 p.m. |

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## 2 Realtors



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"We have been involved in about five home sale transactions over the years and our experience with Tamara ranks as the absolute best. There's no question that Tamara was the key to our success."

## - Jim and Christine Nehman

"It is people like you that help make Long \& Foster as successful as it has been over these last 41 years. Keep up the good work!"

- P. Wesley Foster, Jr. Chairman/CEO
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[^0]:    * If interested in vacant editor position, please
    contact Tony Hausner at thausner@gmail.com

[^1]:    Editor's note: As noted previously, we will be including interviews with noted members of our community. We would welcome suggestions for further persons to be interviewed, please send to thausner@gmail.com, 301-587-6943 and we would love to have students to serve as reporters for student service credits.

